



For over 50 years, Rural Frontenac Community Services has embraced the meaning of community with a team of compassionate and dedicated individuals connecting people of all ages.

We provide a wide range of services enabling residents to live rural life to its fullest.

2025 ANNUAL REPORT

OUR MISSION

To provide opportunities that will enhance the well-being and self-sufficiency of all community members.



MESSAGE



Louise Moody
Executive Director



Susan Irwin
Board Chair

Since the 1970s, Rural Frontenac Community Services has grown much like a tree in the heart of rural Frontenac County. Planted with care by our founders and nurtured by the leaders, both staff and volunteers, Rural Frontenac Community Services has put down deep roots—anchored in compassion, inclusion, and service.

What started with a vision to create a cohesive community spirit, has grown and matured into a lifeforce that breathes life into community by inspiring others to work together to be all we can be.

Its branches have reached far and wide, growing in response to the changing seasons of rural life. From services for seniors and families to youth programs, transportation, childcare and counselling, each branch offers protection, strength, and support to those who need it most.

Rural Frontenac Community Services remains steadfast and resilient, sustained by our many funders, supported by our partners and nourished by the community members, who come together to support and take care of others.

Over the years, this tree has weathered storms and celebrated sunny days, always standing tall because of the community that surrounds it. Like any living thing, it continues to grow—adapting, expanding, and reaching toward the future.

Rural Frontenac Community Services is more than a service—it's part of the landscape of Frontenac County. A symbol of what can grow when people come together with a shared purpose: to care for one another, close to home.

The inspiration behind our logo comes from the fusion of community and connection as well as the emphasis on the importance of family and growth.

COMMUNITY United, together, welcoming, friendly and all encompassing

CONNECTED Diversity, joined, rural hub, collaborative, support, range of services

TREE Growth, generational, family, strength, rooted rural



HIGHLIGHTS



Program Highlights

- Our licensed daycare, A Canada Wide Early Learning Child Care Program, served 23 families and 26 children all full time. We provided daycare for children from Arden, Mountain Grove, Sharbot Lake and Tichborne.
- Frontenac Transportation Services volunteers drove 161 clients on 7,892 rides, travelling over 517,496 kilometers. Our thirty-two dedicated volunteers drove nearly 11,500 hours.
- Our youth program offered 12 programs, serving 243 individual youth between the ages of 4-18.
- We had over 4,277 child and 2,552 adult visits to our over 874 EarlyON programs, offered in Arden, Bedford, Harrowsmith, Mountain Grove, Perth Road, Plevna, Sharbot Lake, Verona and Sydenham locations.
- Our Community Volunteer Income Tax Program completed 259 tax returns by our three volunteers.
- In 2024 the Christmas Assistance Program assisted 160 families in our community, an increase from 2023.
- The front office received over 4,000 calls and received over 3,000 walk in visitors over the year.
- Our seniors' services supported 407 seniors this year.
 - Our Meals on Wheels program served 116 clients and delivered 19,004 meals. Our nine drivers drove over 67,750 km.
 - Foot Care served 73 individuals who booked 253 appointments over the year.
 - Our Home Help workers served 105 seniors providing 2,687 hours of household services.
 - We provided 628 hours of respite care to 24 people.
 - We provided subsidized transportation to 72 seniors to get to appointments, grocery stores and other destinations providing 2087 rides.
- Our family counsellor supported 95 individuals. He provided 471 counselling sessions, 68% in the office, 18% in the community/ homes and 13% virtually.

A DECADE OF REFLECTIONS

It seems like yesterday when we celebrated our 40th anniversary. So much has changed since then.

In 2017, the Ontario Early Years Centre OEYCs were rebranded as EarlyON Child and Family Centres and funding was downloaded from the Ministry of Education to the City of Kingston. We had to apply to operate the Frontenac County EarlyON programs and new contracts were signed with the City of Kingston. These changes impacted the staffing, the locations and funding to operate programs for families with children 0 to 6. These changes significantly enhanced the EarlyON programs allowing us to open in more locations, staff each program with two staff, purchase two vans to travel throughout the county and open a location in Sydenham.

Established in 2010, Frontenac Transportation Services FTS was a partnership with Southern Frontenac Community Services Corporation SFCSC. The partnership was terminated in 2018 with SFCSC taking responsibility for driving seniors aged 60+ in South Frontenac and FTS providing rides throughout the county to others not served by SFCSC.

In 2019, the Local Integrated Health Networks LHIN which funded our seniors' programs was consolidated to form a new provincial Ontario Health agency. With this change, Ontario Health Teams were announced to bring together different healthcare providers and organizations (such as hospitals, primary care, and home and community care) to work as a single, coordinated team to deliver care to a defined local population. We are active members of the Frontenac Lennox and Addington Ontario Health Team, contributing to various networks and working groups. Ontario Health continues to fund our Community Support Services.

Our funding for the Adult Protective Services Worker APSW program transitioned to Community Living North Frontenac CLNF in 2020. Following the retirement of Mike Proctor our long standing APSW, the program staff became employees of CLNF.

In 2020 the COVID Pandemic closed our daycare, EarlyON and in person programming for a time, leaving many community members isolated and disconnected. Our staff pivoted our services to ensure that we could maintain our safety while continuing to offer supports and connection in the community.

In 2022, a national childcare program, the Canada Wide Early Learning and Child Care was launched. This reduced fees for parents and changed the way childcare was funded across the province. Our rural centre was relicensed, after some minor renovations, closing our infant program and expanding our toddler license to 10 toddlers. The daycare which had always struggled to be affordable and accessible to rural families, now has a balanced budget and is operating at full capacity with full time children and a waiting list.

Our name changed from Northern Frontenac Community Services to Rural Frontenac Community Services formally in 2024 to reflect our County wide services and our rural focus.

As a community service organization, it has been our privilege and focus to ensure that we are enabling our community members to live rural life to its fullest.

OUR PEOPLE

Administration

Louise Moody
Joyce Lewis
Lori Cranswick
Mary Blackmore

Seniors

Laura Huffman
Maureen Light
Anne Howes
Laura Wood
Natalie Reynolds

Community

Branden Leach

Transportation

Nicki Gowdy
Brooke Cooper

EarlyON

Amanda Evaristo
Brittany Cowdy
Maggie Asselstine
Charissa Lapp
Shania Teal
Jemma Dooreleyers

April Martin
Alison Caird

Youth

Sarah McCullough
Jess Quinn

Daycare

Susan Wilby
Lisa Hamilton
Marjory Hanna
Katie Bain
Heather Robidoux
Sara McCoubrey

Board members

Susan Irwin (Chair)
Geoff Michie (Treasurer/Secretary)
Linda Chappel
Steve Magee
Meredith Stratton
Amanda Neadow



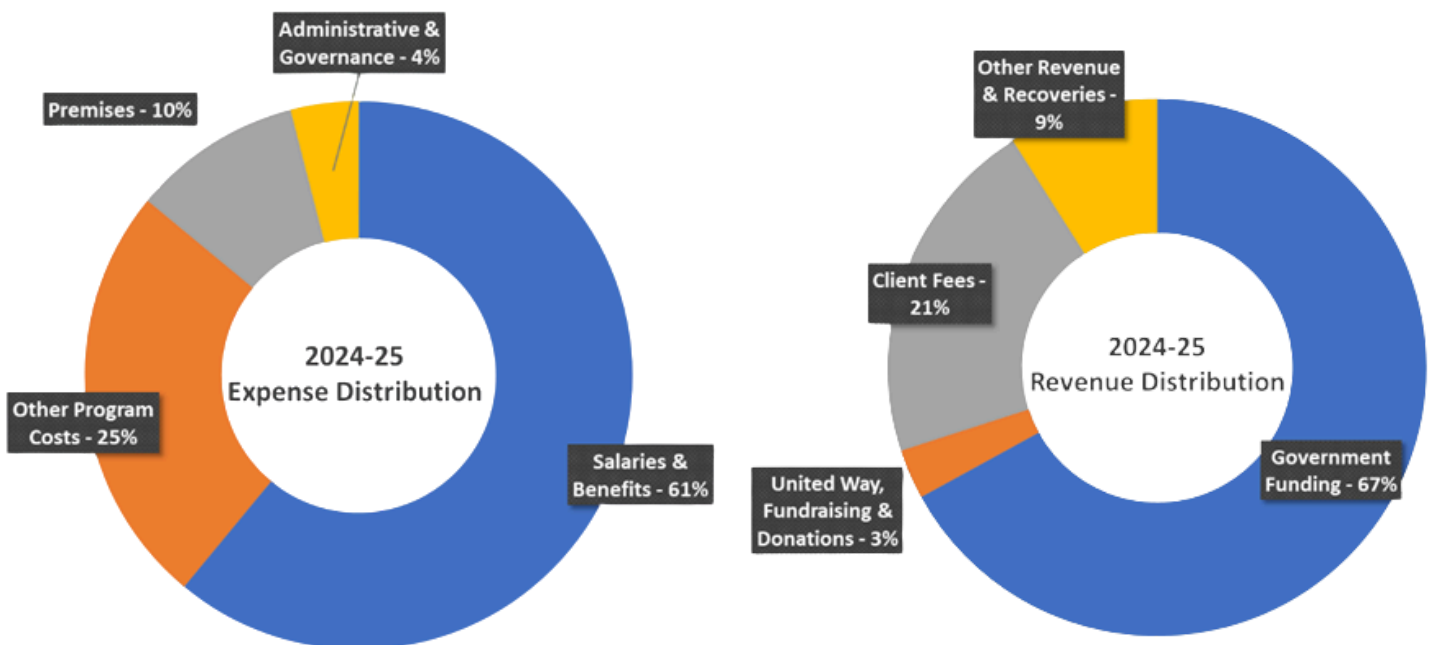
FINANCIALS

As we celebrate our 50th anniversary, it is important to look at our financial position and recognize the many positive developments that have occurred since our inception. We thank our previous boards and staff for their diligence, and for overcoming the various challenges throughout the years. Our current Board, Executive Director and staff continue this tradition, paying close attention to the “bottom line”, and monitoring the myriad of programs we currently offer. Like most charitable organizations, funding is always a concern. We sincerely appreciate the support that we receive; to be able to provide the critical services we provide within rural Frontenac communities.

Our financial statements as of March 31, 2025 can be summarized as follows. Total revenue increased by 7 %, provincial/municipal funding increased while client fees, donations and fundraising decreased slightly. Expenditures increased 7%, including a COLA increase for all staff.

The Statement of Operations shows a surplus of \$64,628 but after adjustments for deferred revenue and amortization, the Net Surplus was \$29,024. This marks three years of operating surplus in a row, supporting future growth of the organization and to address future needs and challenges. We were able to reduce our Liabilities by \$60,450, while only reducing Assets by \$31, 516.

Geoff Michie, Treasurer



Complete audited financial statements are available upon request.

RURAL FRONTENAC COMMUNITY SERVICES

Our Locations

 1109 Garret St.
Sharbot Lake, ON

 1004 Art Duffy Rd.
Sharbot Lake, ON

Our Funders

- Ontario Ministry of Health and Long Term Care
- Ontario Ministry of Children, Community and Social Services
- County of Frontenac
- City of Kingston
- Township of North Frontenac
- Township of Central Frontenac
- United Way - Kingston, Frontenac, Lennox & Addington
- Our sponsors and donors

